

CAREGIVER SERVICES



Are you or someone you know helping an older adult who is your spouse, partner, family member, friend, or neighbor and you're looking to connect for support?

Specializing in memory loss caregiver support

Give us a call. We'll help you navigate the journey.

Care for yourself as you care for others.

2nd Half with Lyngblomsten's Caregiver Services team is here to help you on your caregiving journey. Our staff are providing individualized support and resources to caregivers over the phone, via email, online via Zoom, and in person.

Connect with 2nd Half with Lyngblomsten for:

- **Education and Access to Resources**
- **Memory Loss Caregiver Support Groups**
- **Caregiver Coaching**
Memory loss specific
- **Group eRespite**
Interactive online experience for people living with memory loss
- **The Gathering**
In-person group respite program for people living with memory loss

Don't know what you need?

Connect with us. Our trained staff are here to listen and will help you take the next step on your journey.



For more information:

2nd Half with Lyngblomsten

(651) 632-5320 | caregiving@lyngblomsten.org | www.lyngblomsten.org/caregiving

Lyngblomsten Caregiver Services is supported, in part, by gifts made to the Lyngblomsten Foundation and is funded under an award with Trellis as part of the Older Americans Act.

